

Executive Summary

Course Title: Understanding our Communication to Build Effective Relationships

Course Description:

This training will examine the challenges and opportunities of creating and maintaining a cohesive team in the work place setting. Using the "True Colors" personality profile, participants will discover in a fun and informative process, their own unique strengths and preferences and those around them. Participants will explore the elements involved in effective communication as well as understanding how to apply these skills when working collaborative with others.

Target Audience: *All Staff*

Outcome Objectives for Participants:

As a result of participating in this training:

- Participants will understand and apply the use of strength-based communication as part of the team's success.
- Participants will identify and be able to appreciate their own unique strengths and gifts.
- *Participants will identify and be able to appreciate and recognize the unique strengths and gifts of others.*
- *Participants will be able to utilize the new learnings with their co-workers.*

Ways that Administrators can support the Transfer of Learning:

BEFORE the training:

1. Review and discuss the executive summary with staff.
2. Meet with staff to establish goals for the training.

AFTER the training:

1. Meet with your staff to learn how she/he benefited from participating in the training.
2. Identify how staff in their unit and others in the agency will benefit from the information learned.
3. Identify what kind of support is needed to encourage their continued growth and development.