

Executive Summary

Title: *Strengthening Facilitation Skills*

Description:

This training identifies and examines effective facilitation skills and the developmental stages that groups typically move through. We will identify characteristics of each stage and some of the unique challenges. Utilizing lecture, self-reflection, small and large group discussion participants will discover their own unique strengths and how to work more effectively as a facilitator with those that may differ from them.

Target Audience:

The training will be of interest to child welfare workers, staff, community workers, anyone who facilitates groups.

Outcome Objectives:

As a result of this training participants will...

1. Identify developmental stages of group and typical characteristics.
2. Identify your own personal strengths and areas of stress that may impede your effectiveness
3. Gain new tools and develop strategies and outcomes for improved communication with one another and as a facilitator.

Before the training supervisors can:

- Ask staff members to identify challenges in facilitating groups.
- Brainstorm ideas that could strengthen their skills.

After the training supervisors can:

- Meet with staff member to review strategies learned.
- Create protocol for continuing self-assessment.