

Safety Organized Practice Two Day Overview

Safety-Organized Practice is an approach to child welfare practice that integrates a number of promising practices into a clear and consistent framework for social workers, supervisors, and managers. This Children's Research Center (CRC) training includes and draws from practice approaches such as solution-focused brief therapy, Signs of Safety, the Structured Decision Making® system (SDM) or CAT, Trauma-Informed Practice, Appreciative Inquiry, Teaming and Cultural Humility, paying particular attention to the use of effective facilitation skills to link them together. This class is designed to be an overview of SOP and an introductory training to the components of SOP.

Learning Objectives:

Participants will:

Knowledge

- Know the evolution of Safety Organized Practice and be able to identify the components of Safety Organized Practice which link together for improved outcomes in direct child welfare work, including: Structured Decision Making (SDM®) or CAT, Signs of Safety, Cultural Humility, Teaming and Trauma informed practices.
- Identify strategies that engage families and build relationships by creating a clear language that helps families, partners and child welfare focus on behavioral focused plans that keep children safe.
- Be able to define several SOP foundational terms: danger, harm, complicating factors, risk, safety, protective capacity, safety networks.

Skill:

- Trainee will demonstrate a understanding of harm, danger, risk and safety; safety mapping, three houses, safety house, safety circles and safety plans by identifying these components in case vignettes.
- Trainee will demonstrate two SOP strategies that engage families by stating what these strategies are and how they can use them in their practice.

Values

- Trainee will value a family's ability to find solutions that keep their children safe and the family's ability to build a safety network.
- Trainee will value the importance of engaging families in the change process and that is it a primary focus in their practice.

- Trainee will value having mutual goals with a family that are behavioral, in language the family can understand and are focused on keeping their children safe over time.

Before the training

1. Think of a few cases and make a list of what is working well. What has been successful? What specific things did you or the county do that resulted in a positive outcome?
2. What Solution Focused interviewing skills do you use? What has been your experience with them?
3. What have been the challenges in engaging families in change? What solutions have you thought of that might work?
4. Chose a family you are working with and reflect on the parents understanding of what needs to happened for child welfare to close the case? What behavior would the parent need to demonstrate and how is it related to what the parent did that was a child welfare concern.

After the training

1. What practices from SOP are already parts of your practice?
2. Explore what part of the class was the most interesting? How could you add that to your practice? What would be the first step?
3. What worked about the SOP model? What are your worries? What needs to happen to help resolve some of your worries?
4. How could you integrate SDM/CAT and SOP into your assessments?