

**Title:** Risk and Resilience: The Substance-Exposed Child in Child Welfare

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**Overview/Description:**

This workshop will provide the professional with a better understanding of the constellation of developmental and neurobehavioral problems experienced by infants and children who were pre-natally exposed to alcohol and/or drugs and will present effective measures and interventions that can be promoted within the context of child welfare to promote resiliency as the child grows and develops.

**Learning Objectives:**

1. Increase knowledge of impact of prenatal alcohol and other drug exposure in young children.
2. Increase awareness of the complications of child maltreatment and/or trauma in the substance-exposed infant and child.
3. Gain awareness of the importance of early intervention to improve the substance-exposed child's developmental and neurobehavioral functioning.
4. Improves the social worker's, therapist's, or other treating professional's understanding and skills in more effectively working with family and caregivers of the prenatally-exposed child to maximize resiliency and minimize risk factors.
5. Increases knowledge of parenting skills and practices to provide corrective adaptations in the substance-exposed infant's or child's environment to promote effective growth and development.

**Number of Contact Hours:** 6 hours

**Content:**

1. Welcome and Introductions
2. Background Information on Substance-Abusing Families Involved with Child Welfare
3. Prevalence and Patterns of Pre-Natal Substance Exposure
4. Brain Development in the Infant and Young Child
5. Fetal Alcohol Spectrum Disorders: Diagnosis, Impact, and Effective Early Interventions
6. Medical, Developmental, and Neurobehavioral Impact of Illicit Drug Exposure in the Infant/Child
7. Effective Strategies to Improve Self-Regulation, Attention, Development, and Behavior in the Substance Exposed Infant and Child
8. Early Intervention: The Difference of a Lifetime