

## **Executive Summary**

**Course Title:** The Impact of Substance Abuse on Families

**Course Description:** The following is a one-day comprehensive training on alcohol and other drug use today with an emphasis on recovery, relapse, and impact on child welfare and social functioning. In addition to increasing knowledge and understanding of the broad range of issues surrounding alcohol and other drug use, abuse, and addiction, participants will learn research based, best practice approaches to the recognition, intervention and treatment of substance use related problems.

### **Outcome Objectives:**

After completing this training, participants will be able to:

- Describe how drugs use the brain and the neurohormone system to create their effects
- Understand the basic processes of recovery from a neurological perspective
- Describe some of the current approaches and controversies involved in the treatment of alcoholism and other drug addiction.
- Define current research-based, best practices for intervention (Motivational Enhancement Therapy) and treatment (Cognitive-Behavioral; Contingency Management; and, Community Reinforcement).
- Identify the 5 major roles that emerge in a family system affected by substance abuse and how these roles contribute to poor biological, psychological and social functioning while increasing the risk of relapse.
- Describe the “triple threat” parental substance use presents to children
- Identify important case management strategies to improve treatment, placement and permanency outcomes.