

Executive Summary

Course Title: *Teaching and Assessing Parenting Skills: Improving Parenting Skills Related to the Maltreatment*

Outline of Training:

Improving the parenting skills related to the maltreatment is the second purpose of visits. This course will cover how to identify parenting skills related to the maltreatment, how to teach/coach parents during a visit and how to assess parenting progress. The course will include practice sessions on how to prepare parents, coaching parents during a visit and providing feedback to parents. The course will also cover how to develop progressive parenting activities that slowly and safely tests the parent's skills. Participants are asked to bring one case in which parenting skills have not been clearly identified. During the course the worker will be able to develop solutions for that case. This course is not teaching a specific parenting model or techniques such as Parent Child Interaction Therapy.

Outline

1. *Introduction activity: Describe a case where parenting skills have not been clearly identified.*
2. *Identifying parenting skills*
 - a. *Review the goal of minimum sufficient level of care*
 - b. *Group activity: Case study – identify the parenting skills related to the maltreatment*
 - c. *Small group: Practice identifying parenting skills in their cases*
3. *Progressive Visits*
 - a. *Review the process of progressive visit planning*
 - b. *Group activity: Case Study – identify the progress from the parent's current skill level to the level required for reunification. Include measurements on the parenting skills.*
 - c. *Small group: Practice developing measureable progression for their cases*
4. *Structuring the teaching or assessment visit*
 - a. *Meeting with the parent before the visit to set up groundrules*
 - b. *Coaching during the visit*
 - c. *Giving feedback after the visit*
5. *Practicing the visit*

Given a case scenario the participants will practice:

 - i. *Talking to the parent about groundrules, expectations, and coming to an agreement on the worker can give coaching advice*
 - ii. *Provide a parent with coaching advice*
 - iii. *Giving the parent feedback after a visit*
6. *Documenting progress*

Given a case scenario the participants will practice:

 - i. *Identifying the parent's progress*
 - ii. *Writing a summary*
7. *Questions and answer regarding their cases*

8. *Closing*

- a. *Transfer of learning: Specific improvements to their case*
- b. *Evaluation*

Target Audience: *Caseworkers, therapeutic visitation workers, any staff required to provide teaching of parenting skills or evaluate parents, and the supervisors of these staff.*

Outcome Objectives for Participants:

1. *Identify the parenting skills related to a specific maltreatment.*
2. *Develop a progressive list of activities that move a parent towards goal of minimum sufficient level of care.*
3. *Given a case scenario be able to structure a teaching visit with a parent.*
4. *Practice teaching/coaching a parent during a visit.*
5. *Practice providing a parent feedback after a visit.*
6. *Can identify how to measure a parent's progress.*
7. *Practice writing an assessment report.*

Ways that Supervisors can support the Transfer of Learning from the classroom to the job...

BEFORE the training

*Identify the staff who should attend each of the Supervising Visits courses. Have the staff member identify at least one case where identification of parenting skills has not been clearly done. Have the staff member bring this case to the class: **is it possible for them to bring case information to the class?***

AFTER the training

Review the changes the staff member has on the case s/he took to the class. Provide support to ensure changes can occur as soon as possible. If possible watch the visit and provide your staff member with feedback. If not possible to observe do a post visit assessment of what occurred.