

Exec Summary

**Course Title:** Mental Health Issues in Child Welfare

**Outline of Training:**

There are approximately half-million children and adolescents in foster care in the U.S. Experts estimate that 42 to 60 percent of them have emotional and behavioral problems. *ScienceDaily Jan. 15, 2009*

Children who have experienced trauma are at risk for ongoing mental health issues including but not limited to: dysregulated behavior, issues of attachment, sensory integration issues, post-traumatic stress disorder, and other symptoms of anxiety and depression. What this means basically, is that children and youth who have been exposed to early complex trauma will most likely have difficulties in one or more of the following areas: cognition, emotional regulation, interpersonal skills, physical development, and with conscience development.

**Target Audience:** New and experienced line staff and supervisors

**Outcome Objectives for Participants:**

As a result of this training, participants will be able to;

- Identify behaviors associated with complex trauma
- Explore diagnoses and symptoms associated with childhood disorders
- Demonstrate an ability to recognize symptoms of mental health issues
- Acknowledge the necessity of therapeutic intervention
- Demonstrate utilization of effective intervention strategies with children, youth and families