

# Flyer

## **Course Title: Grief And Loss: The Journey**

**Course Description:** Dealing with grief and loss is an everyday occurrence in Child Welfare. Our children grieve, our caregivers grieve, our parents grieve and we grieve. However this tends to be an area that is often talked about theoretically but not applied to day to day practice. We often teach that grief and loss is there but not what to do about it or how to lessen it. At times the problems that interferes with success in a case is unresolved grief but it gets assessed as something else. This class will go beyond the “what is it” to the “what to do about it” and “how to lessen” the impact of grief and loss. We will explore how grief and loss affects all the partners in child welfare including the social worker. The class will give workers strategies to help themselves and our partners

**Target Audience:** This class is designed for new or experience workers and their supervisors.

### **Outcome Objectives for Participants:**

1. Will know how grief and loss manifest itself for all those involved in a case: care provider, parent, children and social workers.
2. Will explore how grief and loss issues play out in the life of a case
3. Will develop strategies that help lessen the consequences of grief and loss
4. Will develop strategies to lessen the severity of grief and loss
5. Will understand that grief and loss is a journey without a real end
6. Will have strategies for helping each other deal with grief and loss