

# EXECUTIVE SUMMARY

## Course Title

*Introduction to Circle of Security: An Attachment Model with Abusive Parents*

## Instructor

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## Course Description

*Circle of Security* is a theoretical construct based on thirty years of research on attachment that provides clinicians with a framework for understanding disruptions in parent-child attachment. Immediately useful, this theoretical framework allows clinicians to assist parents to depersonalize the negative interactions with their children and to view their children's behaviors within the context of developmental needs. This approach has great value for those of us working with parents with negative or problematic interactions with their children. This is an introductory workshop designed to stimulate interest in this model.

## Course Objectives

Participants will be able to:

- Describe the concept of "Circle of Security";
- Define "shark music;"
- List two strategies for helping parents repair their relational issues;
- Discuss two ways that Circle of Security can be immediately useful to parents;
- Define two features of being on "the top of the circle";
- List two categorizations that can be drawn from Circle of Security assessment;
- Define the Strange Situation Assessment model.

## Outline

9:00	-	10:30	An introduction to Circle of Security
10:30	-	10:45	Break
10:45	-	12:00	Working with Shark Music and Reparative Work