

Executive Summary

Course Title:

An Introduction to Eating Disorders: A Foster Youth Perspective

Outline of Training:

This presentation will focus on providing participants with information about eating disorders and the type of interventions most appropriate for professionals working in the foster care and child welfare systems. Specific topics include: 1) Types of eating disorders, 2) Causes of eating disorders 3) Assessment strategies, 4) Treatment planning, 5) Levels of care and 6) Your role in the treatment process.

Target Audience: *This presentation will be beneficial for all levels of professionals working in the foster care and child welfare systems.*

Outcome Objectives for Participants:

At the end of this presentation participants will be able to:

- 1) Identify the different types of eating disorder*
- 2) Identify common causes of eating disorders*
- 3) Identify common assessment strategies*
- 4) Identify the components of treatment planning including levels of care, and*
- 5) Identify the child welfare workers role in the treatment process*

Ways that Supervisors can support the Transfer of Learning from the classroom to the job...

BEFORE the training

The supervisors can review with their staff the executive summary and discuss the staffs perceptions and beliefs about eating disorders. In addition, the supervisors can encourage the staff to develop a list of questions they would like addressed in the presentation.

AFTER the training

The supervisor can facilitate a discussion about the role the staff plays in insuring their clients with eating disorder receive proper treatment.