

## **Executive Summary**

### **Title: Sharpening your Critical Thinking Skills by Using Advanced Methods of Case Consultation**

#### **Description:**

Making consistent decisions on behalf of families is a critical aspect of the California approach to children and families involved in their care. How families are engaged, how information is gathered, and how this information is processed and used in creating services and in the process of intervention is a complicated and critical aspect of this approach. The ability to use supervision to enhance clinical decision making by exploring issues of transference and counter-transference, emotional and systemic enactment, and the influence of the parallel process in this work is a critical component in this process.

This workshop will focus on the worker's ability to present and process information in supervision that enhances their work with families and increases the consistency of their decisions. Specific attention will be focused on aspects of family engagement, the process of change, recognizing and working with anxiety when completing and working within the California Structured Decision Making Process. This engagement and family involvement is critical in order to facilitate change, and in the work towards increased safety and family reunification. How to pose questions in supervision, use reflection and multiple perspectives to enhance consistency, and how to explore aspects of clinical judgment including issues of reactivity, diversity, and potential biases will be explored. A framework will be presented that utilizes questions to create multiple perspectives, provides an opportunity to explore clinical issues in supervision, and relies on the worker's awareness of their relationship with a particular family will be discussed. How this relationship is formed through an inter-subjective process that is experienced by both the worker and members of the family through an attachment lens will be articulated... The worker's ability to engage, reflect, explore, and position themselves in relation to the individual and or family stories that inhibit change will be discussed.

#### **Target Audience:**

Social Workers and Case Managers interested in maximizing their use of supervision to improve their decision-making skills.

#### **Objectives:**

By the end of the training, participants will be able to:

Matthew J. Modrcin, Ph.D., 420 S, State Street, Lake Oswego, Oregon 97034  
503.624.5705 [www.matthewjmodrcin.com](http://www.matthewjmodrcin.com)

1. Articulate the difference between case and clinical supervision;
2. Identify the elements associated with clinical supervision;
3. Discuss four core elements of the change process and strategies to increase motivation;
4. List and articulate four strategies to maximize case consultation and decision making;
5. Strategies to identify multiple perspectives to enhance the process of intervention and case decision making; and
6. Discuss how transference and counter-transference reactions influence their clinical work.

**Before the training participants can:**

Discuss in supervision what they need from their supervisors to enhance their abilities to work with a diverse client population and specific strategies to present case material in supervision.

**After the training participants can:**

Review the material presented at the workshop with their supervisors, and discuss a specific framework to use in supervision to provide multiple perspectives for their work.