

## COURSE SYLLABUS

# Rescuing and Restoring Commercially Sexually Exploited Children

### Description of Content:

This training will aim to look at practice based evidence on treatment and program models for commercially sexually exploited children (CSEC). Throughout this training we will explore the unique needs of CSEC and the equally unique service delivery methods used to reach the population. This training will culminate with the guest appearance of a CSEC survivor who will share the story of her rescue and recovery.

### Course Goals and Objectives

- Attendees will have a clear understanding of the unique and complex needs of CSEC
- Attendees will have knowledge of the key components to restoring CSEC
- Attendees will have a clear understanding of the challenges and obstacles when providing services to CSEC
- Attendees will have knowledge of the program components necessary to provide holistic services to CSEC
- Attendees will have a clear understanding of the process for trust & relationship building with CSEC

### Course Outline:

#### I. CSEC Treatment Service Model

- A. Addressing Immediate Safety Risks
- B. Rally Immediate Resources for Immediate Needs
- C. A Safe Place to Live
- D. Healthy Minds
- E. Healthy Bodies
- F. Education & Training
- G. Systems of Support

#### II. The Sexually Abused and Commercially Exploited Youth Program

- A. Advocacy
- B. Intensive case management
- C. Drop-in center services
- D. Family-style support

#### III. The Safe Place Alternative

- A. Food
- B. Personal storage
- C. Rest and relaxation
- D. Creative expression
- E. Academic support
- F. Employment counseling
- G. Socialization