

Executive Summary
**CLINICAL SUPERVISION TRAINING, FOUNDATION
FOR TOMORROW'S PROFESSIONALS**

Course Description

This lively and interactive workshop on Clinical Supervision meets the BBS requirements for Clinical Supervision training for LMFT and LCSW. The training will provide participants with techniques, ideas, and opportunities to share their knowledge, challenges and rewards. Through the use of vignettes, problem solving, lecture and role-plays, we will explore this very important relationship of supervisor and supervisee. Bring your wisdom and your humor.

Target Audience

This course is intended for anyone providing supervision to MSW student interns, Associate Clinical Social Workers (ASW), MFT trainees and MFT interns.

Outcome Objectives for Participants

As a result of this training, participants will be able to:

1. Recognize the three stages of supervision and identify the characteristics of each.
2. Recognize that how we see ourselves can strengthen our capacity to supervise all supervisees.
3. Discover how personal identity, gender, ethnicity and cultural awareness enhance our ability to supervise all supervisees.
4. Understand the legal and ethical issues in clinical practice.
5. Have a personal style of supervising that reinforces focusing on drawing out the strengths of the supervisee's.
6. Recognize the positive and negative signs in the supervisee's clinical development.
7. Carry out supervision sessions that are mutually beneficial, clinically sound and ethically aware.
8. Be the best supervisor he/she can be while taking care of him/herself and feeling great about it.

Ways Supervisors Can Support the Transfer of Learning

BEFORE the training:

1. Request participants who are presently supervising to record either in writing or audio a supervision session that was effective and on that was challenging.
2. For those individuals who have not yet begun to supervise, ask them to reflect on their own supervision and record a session that was effective and one that was not.
3. Ask supervisors to identify three supervision issues, questions or concerns.

AFTER the training:

1. Continue to support the concepts and ideas by providing opportunities for dialogue. This might be done through the creation of a clinical management/supervision team that structures ongoing support and new ways of thinking and practicing supervision within the organization.