

Successful Case Planning

Engaging Families In Developing Plans That Work

Case planning is the cornerstone of successful practice in child welfare. Developing case plans with a family that are family centered and individualized to the family however, is a complex skill. This class will explore the complexity and focus on skills that will assist workers in engaging families in the process of case planning. We will look at case planning through the eyes of a real case, building skills and practice as we develop a plan that is behaviorally focused and that works for the family. The class will start by building from the comprehensive assessment class by assessing the case, then engaging the family, working through resistance, creating smart objectives, and then finding services that meet the family's need.

As a result of this 3 1/2 hour class workers will have:

Practiced two methods that engage a family and work through resistance.

Learned to look for motivators when developing a case plan.

Described behavior when seeking outcomes for families.

Written a SMART objective.

Developed services that work within a family's culture and are attached to the objectives.

Content of the class:

The class will follow the flow of a case plan. Workers will be given a case and through that case will practice assessment and engagement skills and then use those skills in developing a case plan.

1. Overview of case planning:

How to create individualized case plans – two tips

Think behaviorally - activity

2. Prepare to develop a case plan with a family:

Assessment: introduction to Terri and child welfare assessment

Prepare to meet Terri- strategies for engagement

Activity using the case, review of engagement strategies

3. The Answer lies in finding motivators

Persuasion vs. motivation – activity

4. Using those motivators to successfully negotiate a case plan

Interest vs. position – Activity with Terri

5. Creating objective that are behavioral and specific

Create a smart objective for Terri

6. Now services related to the objective

It is about the community- what is in Terri's world that will be there when you are gone