

**Executive Summary**  
**BREAKING THE CYCLE OF HISTORICAL OPPRESSIONS**

Course Description

A history of oppression (including slavery, colonization, exclusion, discrimination and violence) live in the minds and souls of many communities and families. These legacies of trauma may manifest themselves in problem presentation and therefore must be addressed clinically. These historical issues impact family stability, violence, abuse, safety and child well-being. The self of the child welfare worker and therapists, and ongoing trust in the therapy relationship must be understood in order to potentially break the cycle and lead towards future healing.

Outcome Objectives

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As a result of this training, participants will be able to:

1. Understand how historical oppression may manifest itself in current problem presentation.
2. Articulate ways in which the dynamics of oppression are replicated in current struggles with violence and abuse.
3. Identify ways in which clinical interventions may contribute to breaking the cycle for improved family functioning and stabilization.
4. Identify ways in which these historical legacies impact family safety, violence prevention, placement and permanency issues.
5. Appreciate how the self of the child welfare worker and therapist can contribute powerfully to healing and improved family well-being.