

Executive Summary

Course Title: Anxiety Disorders in Children

Course Description:

This training will focus on the anxiety disorders in children. Symptoms of the disorders will be presented by interactive discussion. Causes and differential diagnoses will also be examined as well as strategies for intervention. Audio-visual aids and exercises will be used to integrate the concepts. Anxiety Disorders to be covered include: Generalized Anxiety, Obsessive Compulsive Disorder, Panic Disorders, and Separation Anxiety Disorder.

Target Audience:

The training will be of interest to individuals new to the field and anyone needing to increase their knowledge of anxiety in children.

Outcome Objectives:

As a result of this training participants will...

1. list symptoms of anxiety disorders
2. identify coping strategies and interventions for anxiety
3. examine pharmacotherapy interventions
4. rule out differential diagnoses for anxiety disorders
5. recognize symptoms related to anxiety

Before the training supervisors can:

- review the objectives with the staff member to help the staff member focus on areas for their development
- ask the staff member to share information with the rest of the team upon their return

After the training supervisors can:

- review the information for compatibility with agency expectations
- review in supervision with the staff member the information as applied to specific cases
- discuss further training needs or formats with the supervisee which could support the process of family evaluations